Exposure to plasticizers at the neonatal intensive care unit: *respiratory support equipment as a major source*



GDA 2021 Promotors 17/09/2021 - Lucas Panneel Prof. Dr. A. Mulder, Prof. Dr. P. Jorens, Prof. Dr. A. Covaci

LEMP UZA FWO CHUniversiteit Antwerpen



Plasticizers



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di-izo-nonyl phthalate (DINP)







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- Endocrine Disrupting Chemical
- Carcinogenic Mutagenic or toxic for Reproduction



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Alternative Plasticizers (AP)

- TOTM, DEHT, DINCH, DEHA
- No reference

Neonatal Intensive Care Unit



Exposure to plasticizers in the NICU

In vivo: level of exposure

Ex vivo: sources of exposure

Follow up: effects of exposure



GA < 31w and/or BW <1500g (N = 69)



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Biomonitoring

- Urine
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First batch

- 12 patients
- 5 controls
- 106 samples







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LC-MS



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UZA-NICU

- PM
 - >> Flemish adolescent population
 - < other NICU populations
- AP
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Secondary DEHP-metabolites (MEHHP-MEOHP)

- Preferred biomarkers
- Strongly positive correlated (rho 0.7)
- Weakly negative correlation with
 - Birth Weight (rho -0.2)
 - Gestational Age (rho -0.3)



Prospective daily inventory of medical equipment exposure

- 1. Binary exposure score per day
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		MEHHP (ng/mL)	MEOHP (ng/mL)
Overall NICU	N = 86	1.90 (0.85-3.25)	1.10 (0.60-2.15)
Peripheral line	No (n=60)	1.60 (0.80-3.00)	1.30 (0.70-2.10)
	Yes (n=26)	2.30 (1.58-6.48)	0.70 (0.48-2.23)
	Р	0.0503	0.1415
Central line	No (n=46)	1.40 (0.50-2.75)	1.35 (0.70-1.93)
	Yes (n=40)	2.50 (1.60-6.30)	0.90 (0.60-2.30)
	Р	0.0004*	0.3726
Parenteral nutrition	No (n=46)	1.35 (0.50-2.75)	1.30 (0.70-1.93)
	Yes (n=40)	2.50 (1.80-6.30)	0.90 (0.60-2.30)
	Р	0.0001*	0.5107
Respiratory support	None (n=14)	1.00 (0.40-2.00)	0.75 (0.40-1.50)
	Non-invasive (n=65)	1.90 (1.00-3.45)	1.40 (0.70-2.35)
	Invasive (n=7)	4.25 (2.05-8.38)	0.60 (0.18-1.95)
	Р	0.0086*	0.0324*





















Primum non nocere

Conclusion

Plan



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NICU neonates

- Still highly exposed to DEHP
- AP are less abundant despite changing legislation

Highest risk

- More preterm neonates
- Respiratory support

Source of DEHP exposure during ventilation?



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Plan

Biomonitoring

- Increase cohort
- Hair samples

Ex vivo experiments

Clinical follow-up

- 3 12 months cGA
- Neurodevelopmental
- Respiratory





Lucas Panneel – 17/09/21 LEMP UZ/ fwo by University of Antwerp