### HCV-behandeling bij drugsverslaafde patienten: een reality check

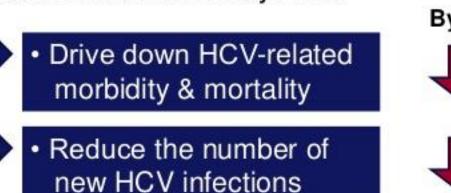
Cathy Matheï
Free Clinic, Antwerpen
KU Leuven

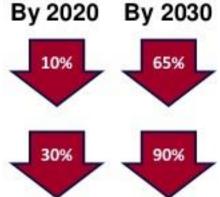


#### The WHO goal of elimination...

 World Health Organisation's (WHO) Global Health Sector Strategy (GHSS) on Viral Hepatitis, 2016-2021\*

Working towards eliminating hepatitis C as a major
 public health threat by 2030





<sup>\*</sup> http://www.who.int/hepatitis/strategy2016-2021/Draft\_global\_health\_sector\_strategy\_viral\_hepatitis\_13nov.pdf?ua=1

### Challenges

- •2/3 of chronic HCV patients in developing countries
- PWID most important source of new HCV infections worldwide
- Active PWID should be targeted
  - Hidden population
  - Stigma
  - Limited access to conventional healthcare
  - Chaotic unstable patients

### 20 years Hepatitis C

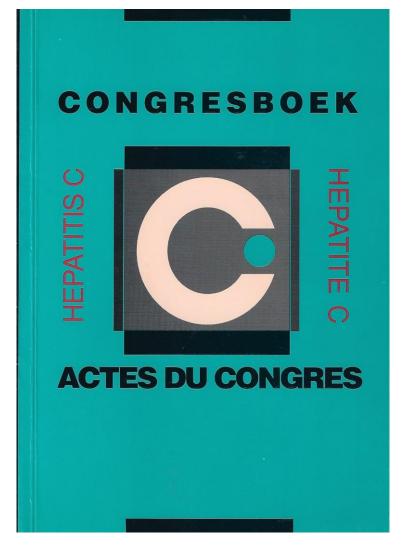
management at

Free Clinic Antwerpen





Low threshold centre, working with PWUD,
OST, NSP,
C-Buddy care,
and counseling.



1997

first conference HCV and drug use in Belgium.

### The epidemic history of hepatitis C among injecting drug users in Flanders, Belgium

C. Matheï, <sup>1</sup> S. Van Dooren, <sup>2</sup> P. Lemey, <sup>2</sup> P. Van Damme, <sup>3</sup> F. Buntinx <sup>1</sup> and A.-M. Vandamme<sup>2</sup>

<sup>1</sup>Department of General Practice, Katholieke Universiteit Leuven, Leuven, Belgium; <sup>2</sup>Department of Social Medicine and Epidemiology, Universiteit Antwerpen, Antwerpen, Belgium; and <sup>3</sup>Department of Clinical and Evolutionary Virology, Katholieke Universiteit Leuven, Leuven, Belgium

Received August 2007; accepted for publication October 2007

Eur J Clin Microbiol Infect Dis (2005) 24: 514–522 DOI 10.1007/s10096-005-1376-9

#### ARTICLE

C. Matheï • E. Wollants • J. Verbeeck • M. Van Ranst • G. Robaeys • P. Van Damme • F. Buntinx

Molecular epidemiology of hepatitis C among drug users in Flanders, Belgium: association of genotype with clinical parameters and with sex- and drug-related risk behaviours

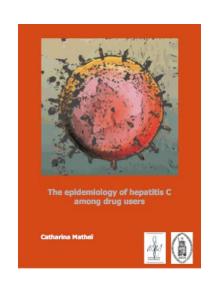
Epidemiol. Infect. (2004), 000, 1–10. © 2004 Cambridge University Press DOI: 10.1017/S0950268804002973 Printed in the United Kingdom

Published online: 19 August 2005 © Springer-Verlag 2005

#### Prevalence of hepatitis C in drug users in Flanders: determinants and geographic differences

#### C. MATHEÏ1\*, G. ROBAEYS², P. VAN DAMME³, F. BUNTINX¹,4 and R. VERRANDO⁵

- <sup>1</sup> Department of General Practice, Katholieke Universiteit Leuven, Leuven, Belgium
- <sup>2</sup> Department of Gastroenterology and Hepatology, Ziekenhuis Oost Limburg, Belgium
- <sup>3</sup> Department of Epidemiology and Social Medicine, Universiteit Antwerpen, Belgium
- <sup>4</sup> Department of General Practice, Universiteit Maastricht, The Netherlands
- <sup>5</sup> Medico-social Centre Limburg, Genk, Belgium



#### Continuum of care









**Diagnosis** 

Linkage to care

**Treatment** 

Prevention of reinfection

Screening Casefinding Diagnosis Awareness

Assessment Initiation Adherence completion





- Screening for infectious diseases
- Pre- and post counseling
- Hepatitis C nurse:
- case management + outreach
- OST
- Medical care
- Social care/support







- NSE + provision of other paraphernalia
- Information-education
- Screening + counselin
  - Swab-to know week
  - Oraquick on saliva + HCV-RNA

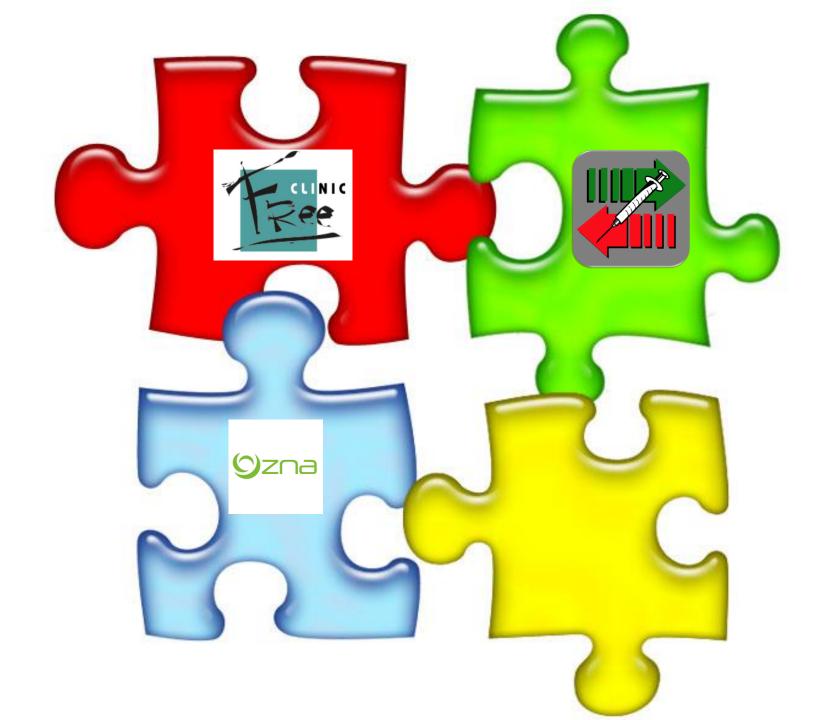
hepatitis swab to know

• Referral







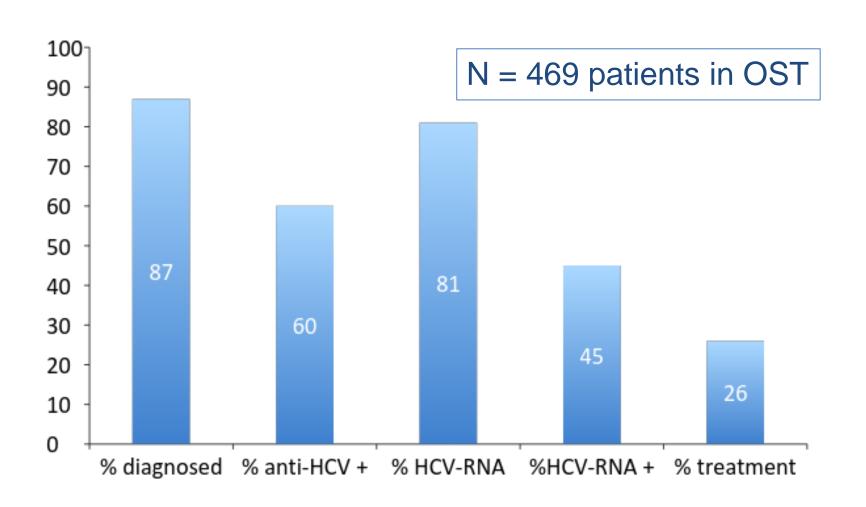




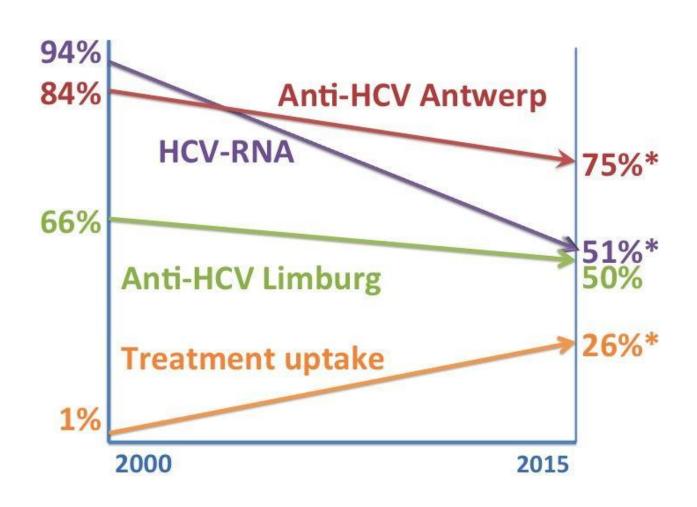


- Streetwise hepatologist
- Advocate for treatment of PWID for more than 10 years
- Yearly seminar in Antwerp
- Close collaborations with Free Clinic staff, very easily accessible
- Clinical trials
- Every Wednesday special "consultation hour" for PWID accompanied by hep C nurse and Cbuddies

## Hepatitis C care continuum Free Clinic 2015



#### **Evolution over time**



### Mitigating the burden of hepatitis C virus among people who inject drugs in Belgium

Catharina Matheï<sup>1</sup>, Stefan Bourgeois<sup>2</sup>, Sarah Blach<sup>3</sup>, Christian Brixko<sup>4</sup>, Jean-Pierre Mulkay<sup>5</sup>, Homie Razavi<sup>3</sup>, Geert Robaeys<sup>6,7,8</sup>

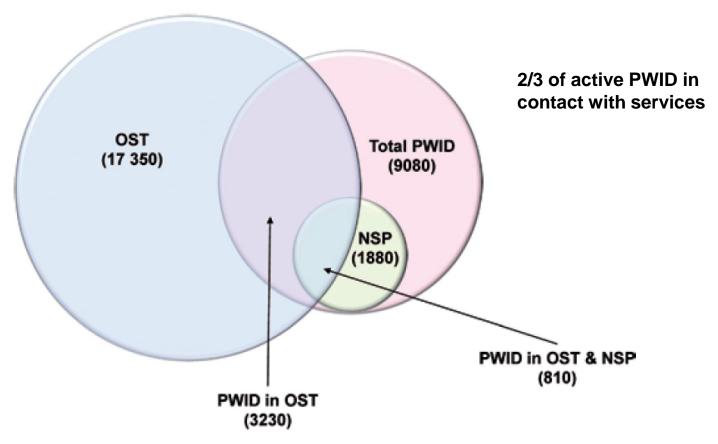


Fig. 1. — Size of the OST, NSP and PWID populations, 2015

### Mitigating the burden of hepatitis C virus among people who inject drugs in Belgium

Catharina Matheï<sup>1</sup>, Stefan Bourgeois<sup>2</sup>, Sarah Blach<sup>3</sup>, Christian Brixko<sup>4</sup>, Jean-Pierre Mulkay<sup>5</sup>, Homie Razavi<sup>3</sup>, Geert Robaeys<sup>6,7,8</sup>

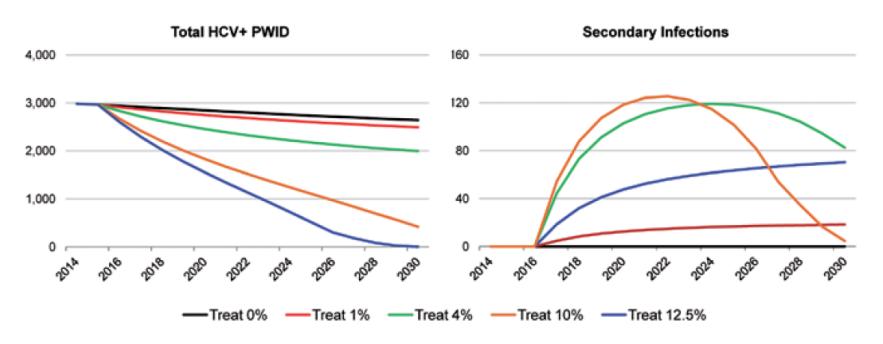
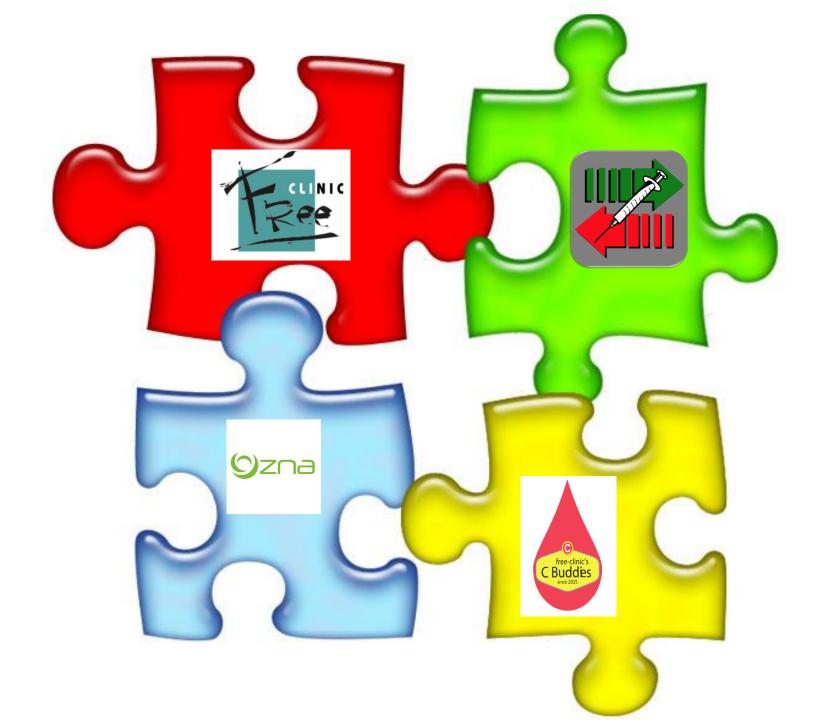
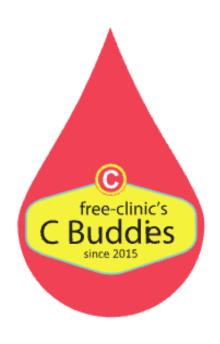


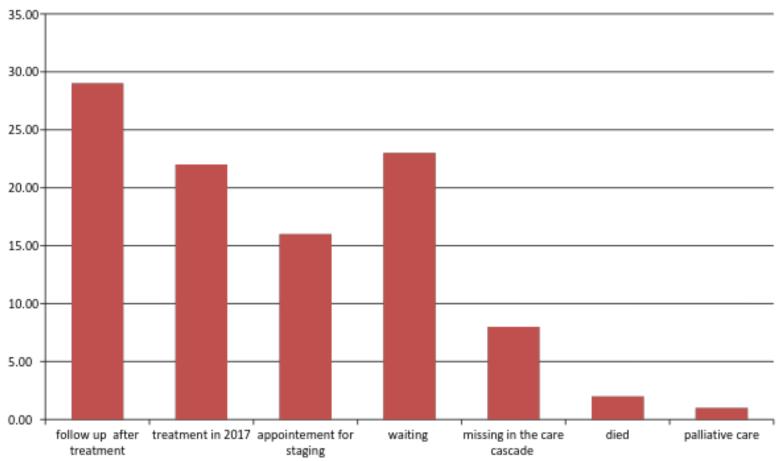
Fig. 3. — Annual viremic cases, and new secondary infection, by percent of the total HCV+ PWID population treated, 2014-2030



- A peer-driven project was initiated in 2009, stopped in 2011. Giving practical and emotional support during the "hard old school treatment
- Restarted in 2015
- Provide support along the whole care continuum. Support changed in the DAA era.
  - Meet
  - Education
  - Motivation for test-taking
  - Recall appointments
  - Accompanying to specialists
  - Advise
  - Daily support

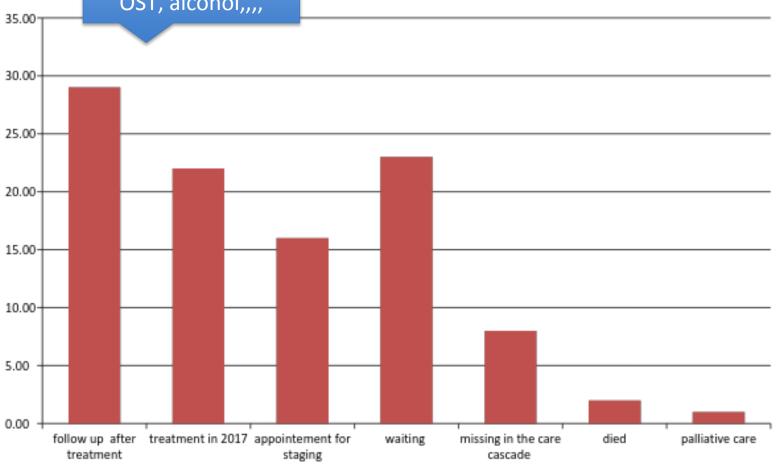




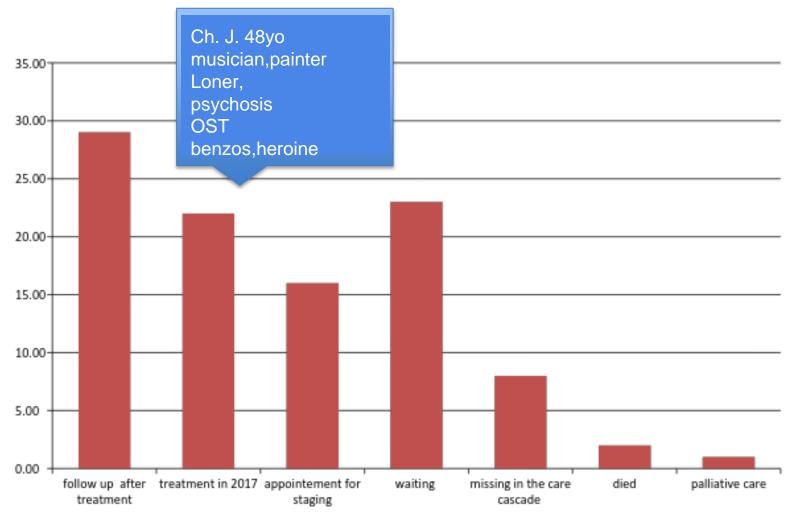




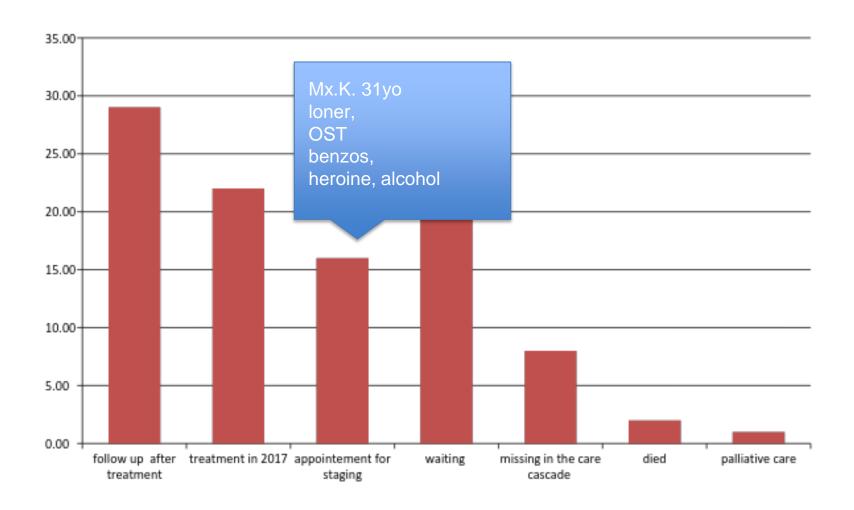
JP, male 49y
Homeless
Encephalopathy
SVR in 2017
OST, alcohol,,,,



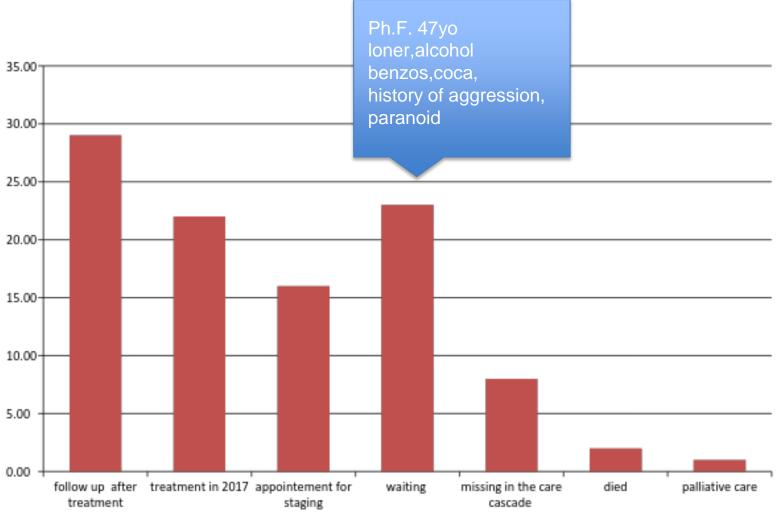




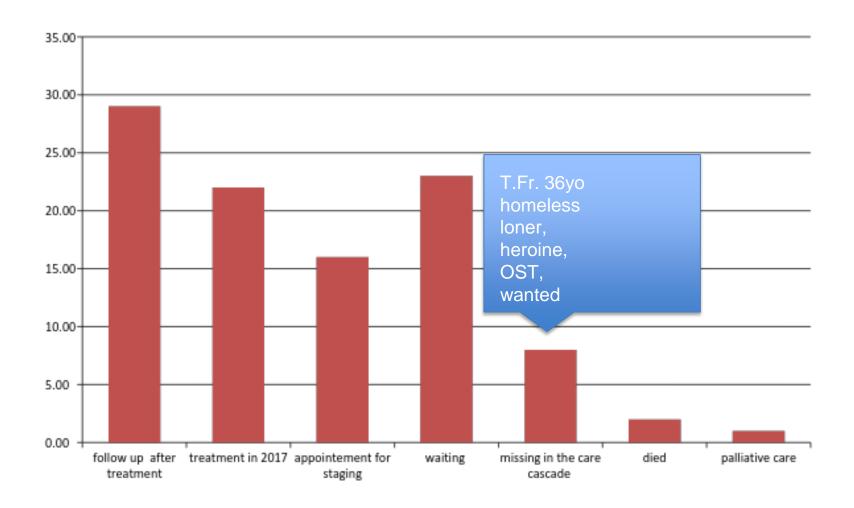




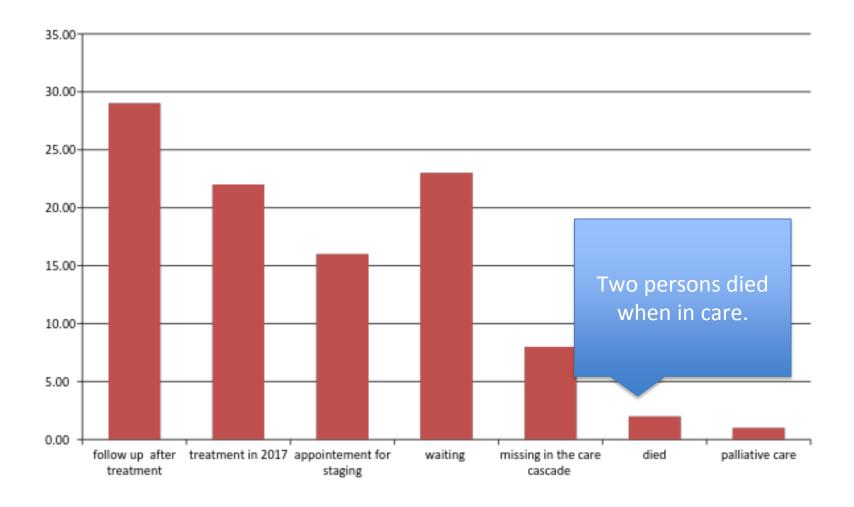




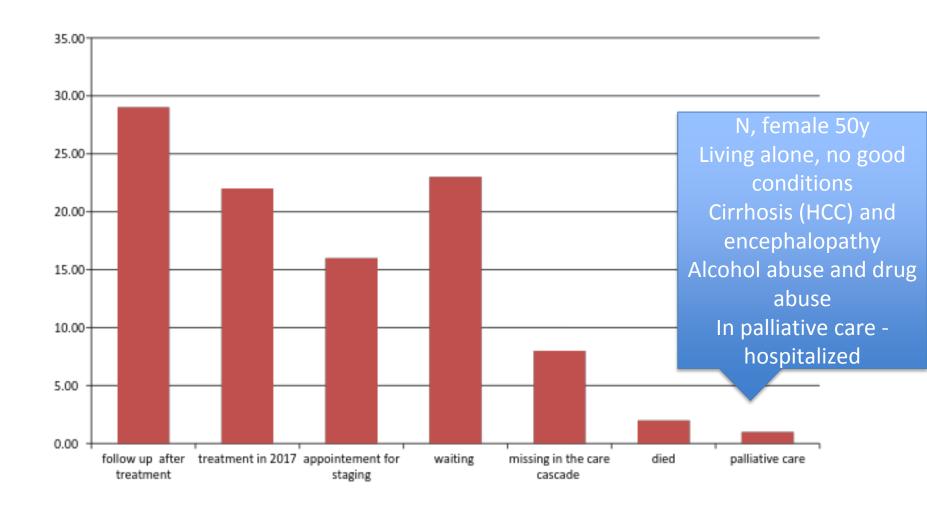








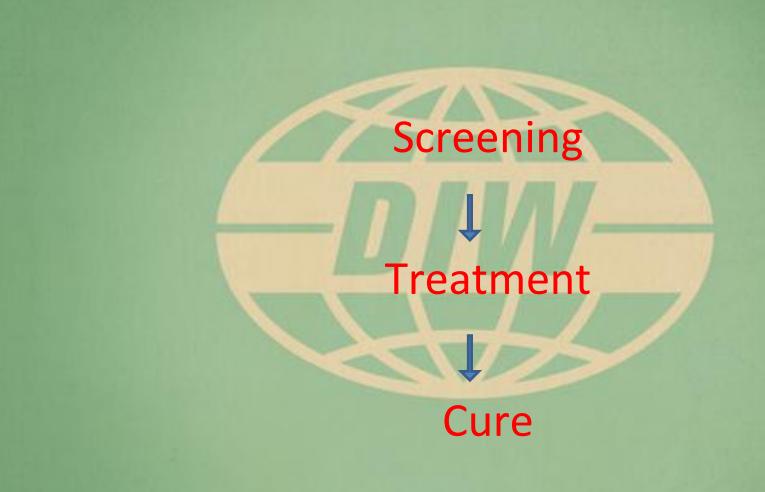




### Why peers?



#### Hepatitis C in the perfect world:



But.....it's not a perfect world

#### HCV management in Antwerpen :

a team effort

## All dedicated workers who got "caught" by the Hepatitis C Virus.

- Hepatologist ZNA : dr Stefan Bourgeois
- Addiction centre Free Clinic:

#### dr Cathy Matheï

- Reference Nurse: Griet Maertens
- NSP Flanders: Tessa Windelinckx
- C-Buddy Team: Stefan Bratovanov,

#### Tonny Van Montfoort, Anton Van Dyck

• All health care providers from Free Clinic and other organizations.

### Challenges

- Alcohol use
- Drug use during treatment
- General health condition of clients
- Stabilising clients in all living conditions









# Blind spots in the care cascade

- In Flanders as elsewhere there are still huge gaps in different regions .
- Not all PWUD get in contact with information, screening, treatment, aftercare, ....

